



**REALDEAL**  
RACING

**PRESENTS**



**TECHNICAL GUIDE**  
SUNDAY, OCTOBER 8, 2023

**velofix**  
Save Time. Ride More

## General Information

- Hell is 90km following paved roads, rail trail and off road sections. Elevation is best described as rolling hills. Hell of the North is notorious for hard packed rail trail, single track, farm fields and wet muddy goodness.
- The Trench is a 13 km Section at roughly the halfway point in the event. Depending on the weather it can be one of the toughest sections of the ride.
- Heck is 70 km following paved and gravel roads. NO off-road sections to make it friendlier for road bikes while still maintaining the tough conditions

## Registration Information

- [Link to registration available at www.realdealracing.ca](http://www.realdealracing.ca)
- **NO SAME DAY REGISTRATION AVAILABLE**
- NEW START/FINISH LOCATION:  
Ballantrae Community Centre  
5592 Aurora Rd  
Whitchurch-Stouffville, ON L4A 7X3
- Open to all OCA registered members. One Day permits available on-line.
- A number will be provided at registration to allow event organizers to track riders as the progress through the ride. They can be zip tied to the front of the bike.
- Please allow additional time for registration

## Schedules/Category

- Matrix/table including [Category, Start Time, Distance, Entry Fee, Maps]

Category	Start Time	Distance	Entry Fee
Hell of the North	10:45AM	90 km	\$80 by October 3 by midnight
Heck of the North	10:00AM	70 km	\$80 by October 3 by midnight
Youth Hell or Heck			\$55 by October 3 by midnight

**ATTENTION** PLEASE NOTE ADDRESS FOR START/FINISH,  
REGISTRATION AND WASHROOMS:

**Ballantrae Community Centre**

**5592 Aurora Rd | Whitchurch-Stouffville, ON | L4A 7X3**

## **Course Safety**

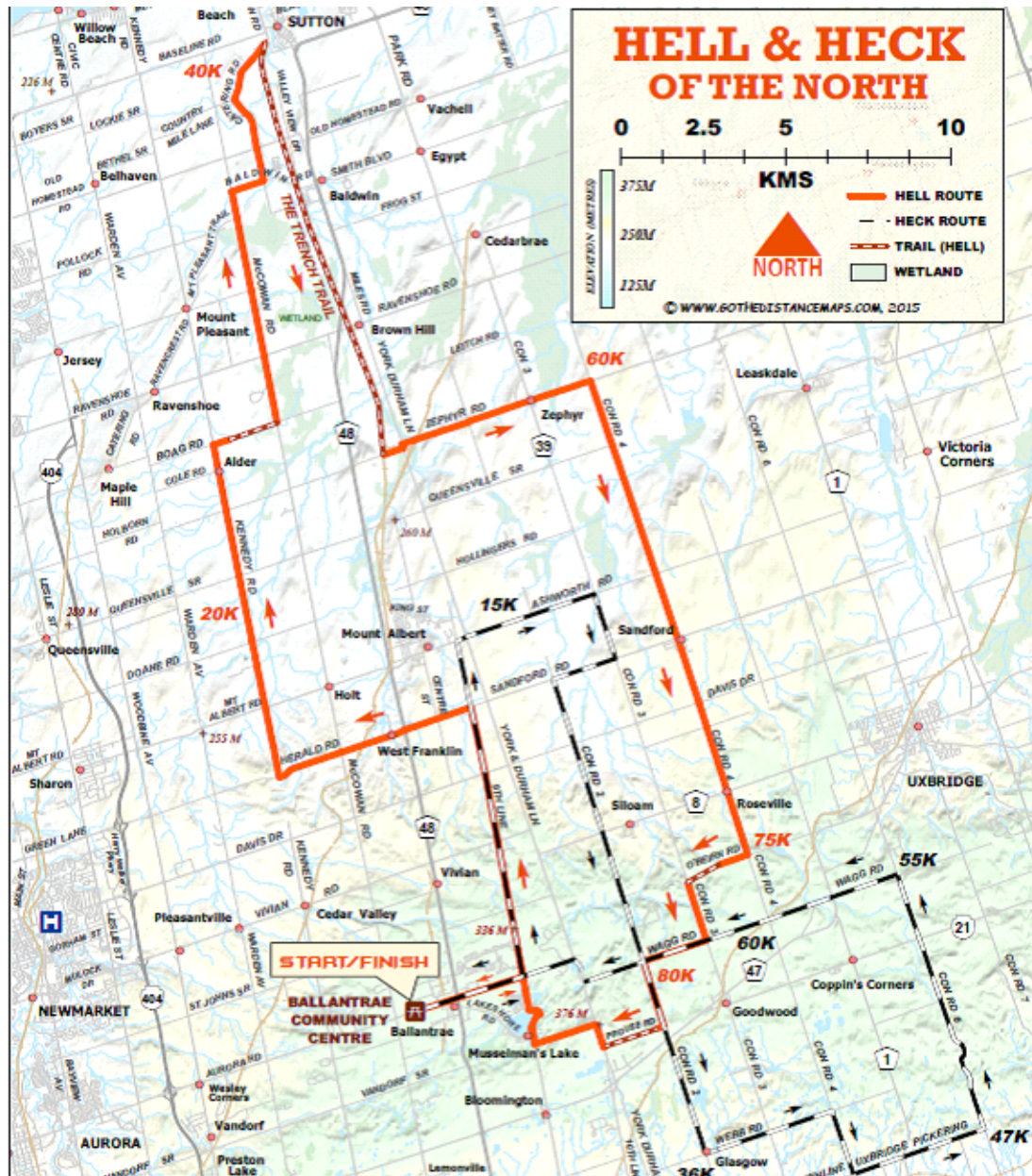
- Ed Veal Event Organizer 905-251-8810
- Odyssey Medical
- Marshals at course points will have access to primary first aid care and supplies. Odyssey Medical will be patrolling the courses throughout the day to aid and facilitate EMS involvement if necessary
- The course as in past years will be open to traffic. Riders must take care when crossing intersections. Course marshals will be on hand to assist riders with directions.
- This event is being run on open roads in the direction of traffic. You must, **at all times**, stay on the right side of the road. Any rider caught crossing the center line may be asked to discontinue the ride. If you are removed from the ride and ignore the instruction to do so, you may be subject to further penalties.
- In case of lightning, the ride may be delayed or cancelled. If you are informed that the ride has been stopped due to lightning, you are advised to seek shelter until the ride can resume.
- For your safety, if you withdraw from the event for any reason, you must inform the nearest commissaire or ride marshal that you are no longer riding.
- You are required to wear an approved, regulation cycling helmet **at all times** while astride your bike, from the moment you arrive at the event until you leave. Non-compliance may result in a severe penalty.

## **General Event Rules and Regulations**

- The rides will be held under the rules of the UCI with CCA and OCA modifications.
- The CCA & OCA rules are available on-line at:  
<http://www.ontariocycling.org/commissaires/commissaires-rules/>
- The penalty scale of the OCA rulebook will be applicable.
- Registration closes 15 minutes before the start of each event category
- All riders must sign on at registration.
- U.S.A. riders must present a UCI license in order to enter this event.
  - USAC Domestic Licenses are not allowed in Canada.
- All foreign licensed riders other than U.S. riders must produce a letter of permission from their country's federation.
- All riders (or parents/guardians) are required to sign the OCA and CCA waivers, unless they have an OCA-issued license.
- Riders will start promptly at the indicated start times.

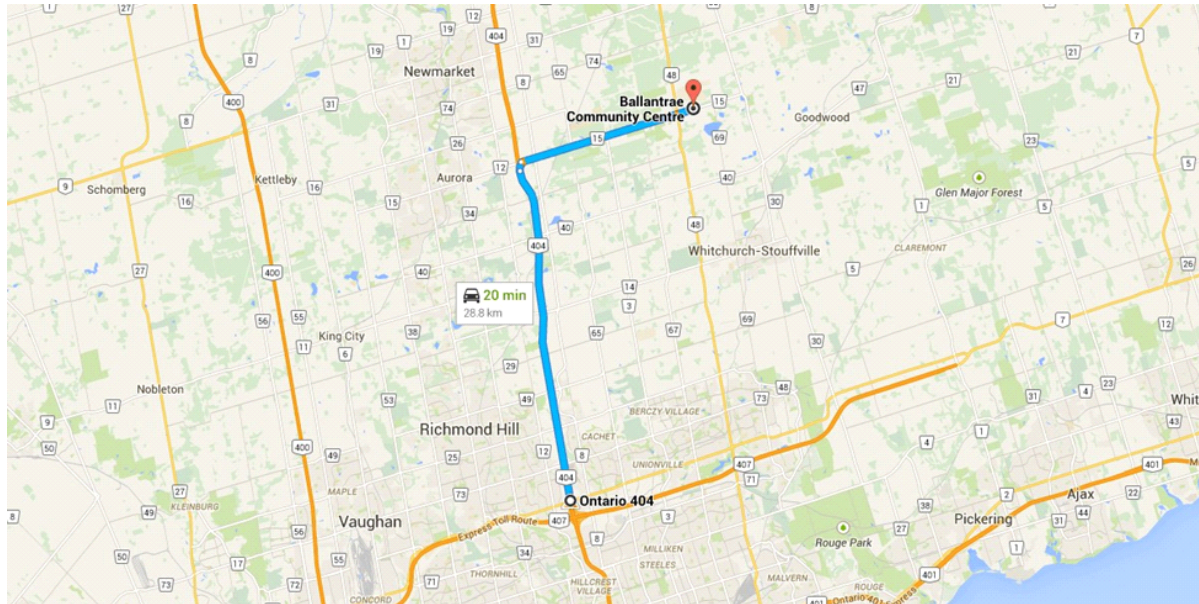
- Any rider dropping out of the event shall immediately notify a commissaire, event organizer or marshal.
- Riders who are dropped from the main bunch must proceed at their own risk and should always, when possible, ride on the right side of the road with the flow of traffic.
- This event is being run on open roads in the direction of traffic. You must, **at all times**, stay on the right side of the road. Any rider caught crossing the center line may be disqualified and eliminated from the event. If you are removed from the event and ignore the instruction to do so, you may be subject to further penalties.

## HELL & HECK COURSE MAP





## FROM TORONTO - HWY 404 NORTH TO BALLANTRAE COMMUNITY CENTRE



### Directions from Ontario 404 to Ballantrae Community Centre

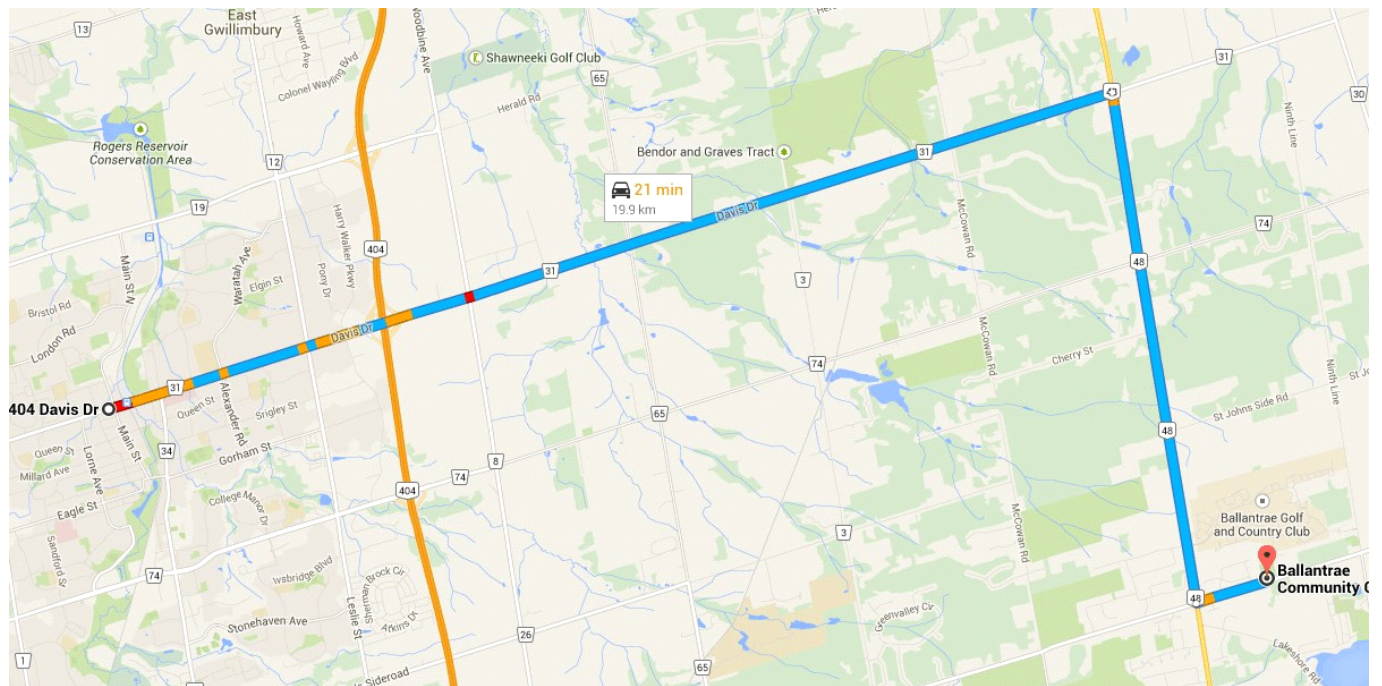
- Head north on ON-404 N | 18.4 km
- Take exit 45 for Regional Road 15/Aurora Road toward Wellington Street E/Aurora/Ballantrae | 550 m
- Turn right onto Aurora Rd/York Regional Rd 15 (signs for Regional Road 15 E/Aurora Road/Ballantrae) | 9.9 km
- Destination will be on the left

### Ballantrae Community Centre

5592 Aurora Road, Whitchurch-Stouffville, ON L4A 7X3

Total: 29 km | 20 min

## FROM NEWMARKET - HWY 404 SOUTH TO BALLANTRAE COMMUNITY CENTRE



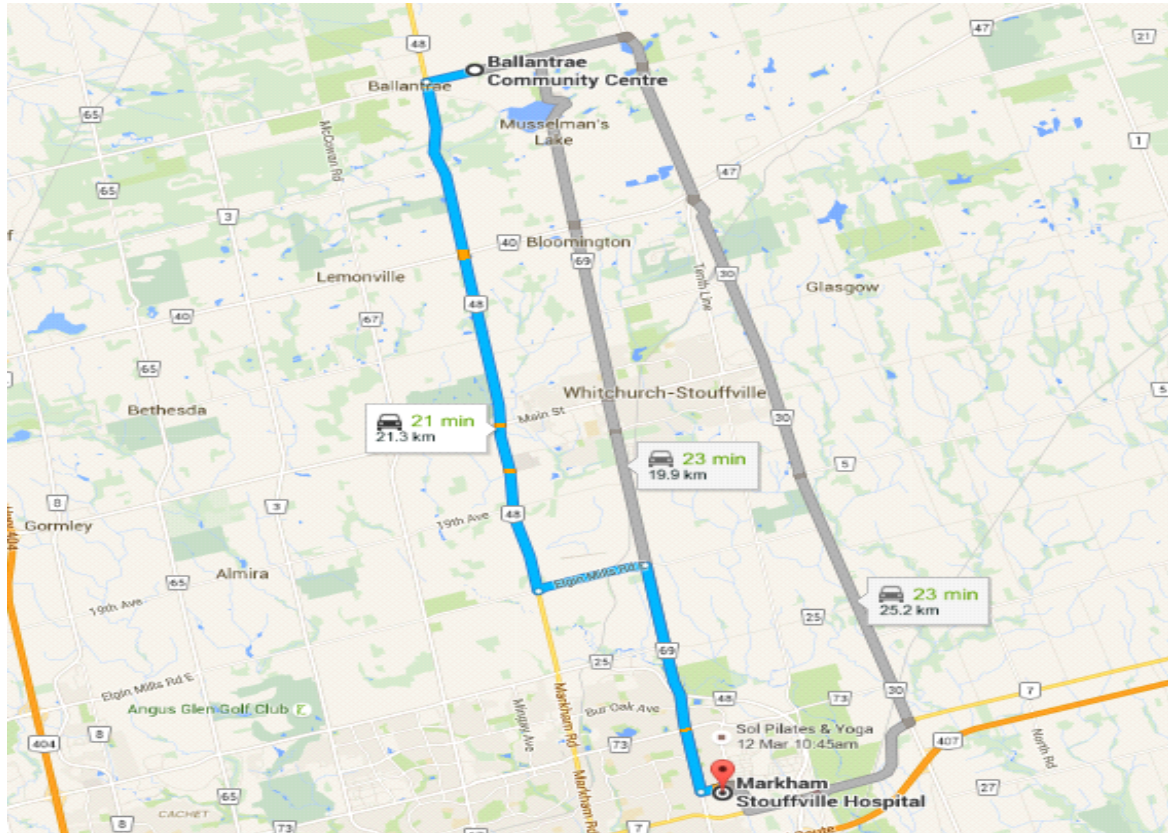
### Directions from 404 Davis Dr to Ballantrae Community Centre

- Head east on Davis Dr/York Regional Rd 31 toward Main St
- Turn right onto ON-48 S (signs for Markham)
- Turn left onto Aurora Rd/York Regional Rd 15 (signs for Regional Road 15/Aurora Road) Destination will be on the left

**Ballantrae Community Centre**  
**5592 Aurora Road, Whitchurch-Stouffville, ON L4A 7X3**

**Total: 20 km | 20 min**

## DIRECTIONS TO STOUFFVILLE HOSPITAL



Markham Stouffville Hospital, 381 Church Street, Markham, ON L3P 7P3

<https://goo.gl/maps/RSpBFpJRrAk>

### **Ballantrae Community Centre**

**5592 Aurora Road, Whitchurch-Stouffville, ON L4A 7X3**

- Head west on Aurora Rd/York Regional Rd 15 toward McFarland St | 900 m
- Turn left onto ON-48 S (signs for Markham) | 12.5 km
- Turn left onto Elgin Mills Rd E | 2.0 km
- Turn right onto Ninth Line/York Regional Rd 69 | 5.6 km
- Turn left onto Church St
- Destination will be on the right | 350 m

### **Markham Stouffville Hospital**

**381 Church Street, Markham, ON L3P 7P3**

**Total: 25 km | 23 min**